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menerga
a systemair company



kon

Γιατί είναι
απαραίτητο?

1) Εξοικονόμηση
ενέργειας 80-90% στον
ΑΕΡΙΣΜΟ και έως 50%
συνολικά στο κτίριο

- Παράθυρα ανοιχτά ή ανάκλιση?
- Ανεμιστήρας “silent” στα μπάνια και στα wc?

Γιατί είναι απαραίτητο (2)

2) Ποιότητα εσωτερικού αέρα!!!

- Έχω την σωστή ποσότητα φρέσκου αέρα σε όλους τους χώρους?
- Έχω την κατάλληλη φίλτραυση στον φρέσκο αέρα?
Μικροσωματίδια, Γύρη, οσμές κτλ
- Έχω την σωστή διανομή του αέρα σε όλο το σπίτι?
- Έχω τον κατάλληλο εξαερισμό σε κουζίνες, μπάνια, αποθήκες κτλ?
- Έχω ρύθμιση στην υγρασία?
- Έχω ρύθμιση της ποσότητας αέρα με βάση τις ανάγκες της στιγμής για υγρασία ή συγκέντρωση ατόμων?

Γιατί είναι απαραίτητο (3)

ΑΣΦΑΛΕΙΑ!

Είναι ασφαλές να ανοίξω παράθυρα όταν είμαι μέσα? Νύχτα και μέρα

Είναι ασφαλές να αφήσω παράθυρα ανοιχτά ή σε ανάκλιση όταν λείπω για να μην μυρίζει το σπίτι, το γραφείο ή το εξοχικό?

Γιατί είναι απαραίτητο (4)

Μικροσωματίδια και σκόνη που μπαίνουν στα κτίρια με τα παράθυρα ανοιχτά!

Οσμές από το περιβάλλον

Αιθαλομίχλη από τζάκια ή πυρκαγίδες



Outdoor Air Quality: *Regional Air Quality*

- Ozone
- Particulate matter
- Carbon monoxide
- Sulfur oxides
- Nitrogen dioxide and
- Lead

Γιατί είναι απαραίτητο (5)



Γιατί είναι απαραίτητο (6)

Ελαχιστοποίηση
διασποράς ασθενειών

Μείωση φαινομένων
υπνηλίας

Εξάλειψη
πονοκεφάλων από
έλλειψη οξυγόνου ή
μεγάλη συγκέντρωση
CO₂

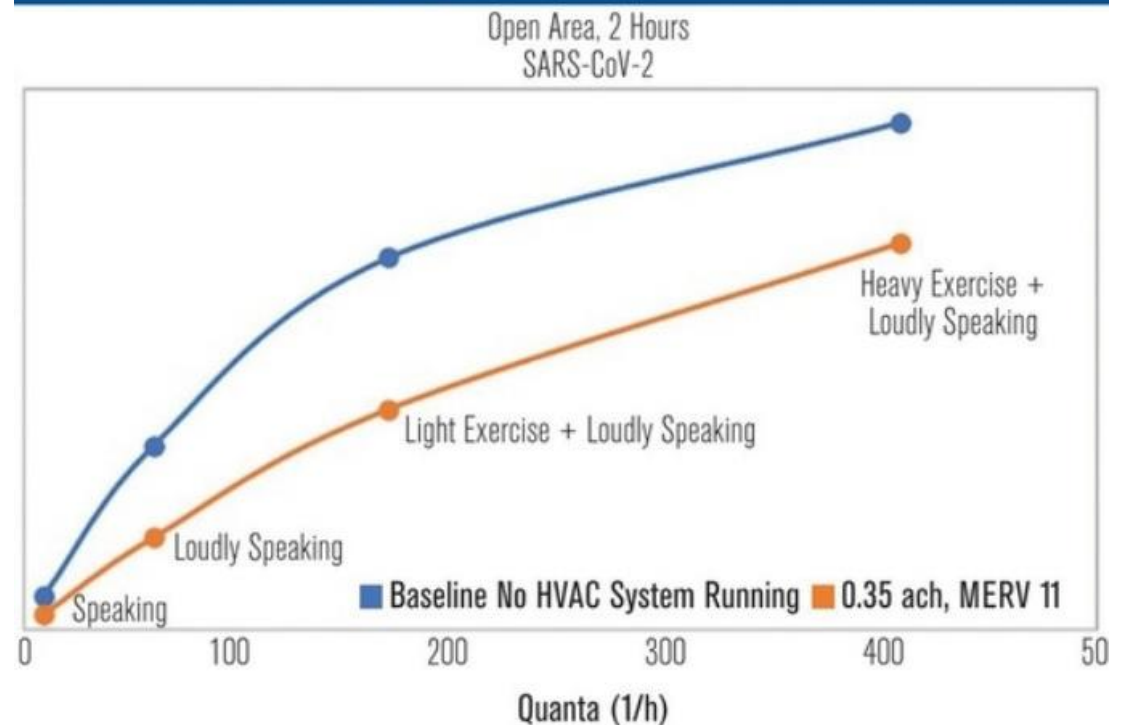
ASHRAE Journal (Paper from Dec 2020)

“Effect of Ventilation And Filtration on Viral Infection in Residences”

TABLE 2 Assumed filter efficiency by MERV. This filter efficiency assumes the following particle size distribution: 15% are 0.3 μm – 1 μm , 25% are 1 μm – 3 μm , and 60% are 3 μm – 10 μm .

MERV	0.3 μm – 1 μm	1 μm – 3 μm	3 μm – 10 μm	DROPLET NUCLEI-WEIGHTED η_{FILTER}
4	1%	9%	15%	11%
7	17%	46%	50%	44%
11	30%	65%	85%	72%
13	70%	90%	90%	87%
14	80%	90%	90%	89%
15	90%	90%	90%	90%
16	95%	95%	95%	95%

FIG 5 Absolute infection risk comparing different activities.



ASHRAE Ventilation Standards 62.1 & 62.2



ANSI/ASHRAE Standard 62.1-2019
(Supersedes ANSI/ASHRAE Standard 62.1-2016)
Includes ANSI/ASHRAE addenda listed in Appendix O

Ventilation for Acceptable Indoor Air Quality

See Appendix O for approval dates by ASHRAE and the American National Standards Institute.

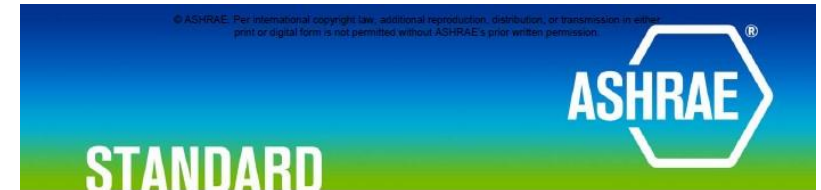
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ANSI/ASHRAE Standard 62.2-2019
(Supersedes ANSI/ASHRAE Standard 62.2-2016)
Includes ANSI/ASHRAE addenda listed in Appendix E

Ventilation and Acceptable Indoor Air Quality in Residential Buildings

See Appendix E for approval dates by ASHRAE and by the American National Standards Institute.

This Standard is under continuous maintenance by a Standing Standard Project Committee (SSPC) for which the Standards Committee has established a documented program for regular publication of addenda or revisions, including procedures for timely, documented, consensus action on requests for change to any part of the Standard. Instructions for how to submit a change can be found on the ASHRAE® website (www.ashrae.org/continuous-maintenance).

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Table 6-1 Minimum Ventilation Rates in Breathing Zone (Continued)

Occupancy Category	People Outdoor Air Rate R_p		Area Outdoor Air Rate R_a		Default Values
	cfm/ person	L/s· person	cfm/ft ²	L/s·m ²	Occupant Density
					#/1000 ft ² or #/100 m ²
Educational Facilities (continued)					
University/college laboratories	10	5	0.18	0.9	25
Wood/metal shop	10	5	0.18	0.9	20
Food and Beverage Service					
Bars, cocktail lounges	7.5	3.8	0.18	0.9	100
Cafeteria/fast-food dining	7.5	3.8	0.18	0.9	100
Kitchen (cooking)	7.5	3.8	0.12	0.6	20
Restaurant dining rooms	7.5	3.8	0.18	0.9	70
Food and Beverage Service, General					
Break rooms	5	2.5	0.06	0.3	25
Coffee stations	5	2.5	0.06	0.3	20
Conference/meeting	5	2.5	0.06	0.3	50

Example

- House 100 m², with 4 occupants
- $V_{bz} = V_p + V_a$
- $V_{bz} = (R_p \times P_z) + (R_a \times A_z) = (2.5 \text{ l/s/person} \times 4) + (0.3 \text{ l/s/m}^2 \times 100 \text{ m}^2) = 40 \text{ l/s} \times 3.6 = 144 \text{ m}^3/\text{h}$

Table 6-4 Zone Air Distribution Effectiveness

Air Distribution Configuration	E_z
Well-Mixed Air Distribution Systems	
Ceiling supply of cool air	1.0
Ceiling supply of warm air and floor return	1.0
Ceiling supply of warm air 15°F (8°C) or more above space temperature and ceiling return	0.8
Ceiling supply of warm air less than 15°F (8°C) above average space temperature where the supply air-jet velocity is less than 150 fpm (0.8 m/s) within 4.5 ft (1.4 m) of the floor and ceiling return	0.8
Ceiling supply of warm air less than 15°F (8°C) above average space temperature where the supply air-jet velocity is equal to or greater than 150 fpm (0.8 m/s) within 4.5 ft (1.4 m) of the floor and ceiling return	1.0
Floor supply of warm air and floor return	1.0
Floor supply of warm air and ceiling return	0.7
Makeup supply outlet located more than half the length of the space from the exhaust, return, or both	0.8

Zone Air Distribution Effectiveness (E_z)

Ez is usually
0.8

$V_{bz} = 144 / 0,8 = 180$
m³/h

IF LEED is
needed to be
met then we
also ADD +
30% ie

$V_{bz} = 180$
m³/h +30% =
234 m³/h

ASHRAE Standard 119 (1988) defines normalized leakage and also specifies tightness levels based on energy conservation concerns. Here in, we are concerned with the metric (Normalized Leakage) that is used in the ASHRAE Standards and the standardized infiltration model based on it.

ASHRAE Standard 136 (1993) uses pre-calculated weather factors and the airtightness measured using normalized leakage (of Standard 119) to estimate the impact that infiltration would have on indoor air quality and thus determine its equivalent ventilation.

Εξαερισμός - Exhaust Ventilation!

Kitchen- Κουζίνα

Bathroom- Μπάνιο

WC

Table 6-2 Minimum Exhaust Rates

Occupancy Category	Exhaust Rate, cfm/unit	Exhaust Rate, cfm/ft ²	Notes	Exhaust Rate, L/s·unit	Exhaust Rate, L/s·m ²	Air Class
Shower rooms	20/50		G,I	10/25		2
Paint spray booths	—	—	F	—	—	4
Parking garages	—	0.75	C	—	3.7	2
Pet shops (animal areas)	—	0.90	—	—	4.5	2
Refrigerating machinery rooms	—	—	F	—	—	3
Residential kitchens	50/100	—	G	25/50	—	2
Soiled laundry storage rooms	—	1.00	F	—	5.0	3
Storage rooms, chemical	—	1.50	F	—	7.5	4
Toilets—private	25/50	—	E, H	12.5/25	—	2
Toilets—public	50/70	—	D, H	25/35	—	2

Kitchen: $(3.8 \text{ l/s/person} \times 1) + (15\text{m}^2 \times 0.6 \text{ l/s/m}^2) + = 94 \text{ l/s} \times 3.6 = 340 \text{ m}^3/\text{h}$

Residential Kitchen: $50 \text{ l/s/unit} = 180 \text{ m}^3/\text{h}$

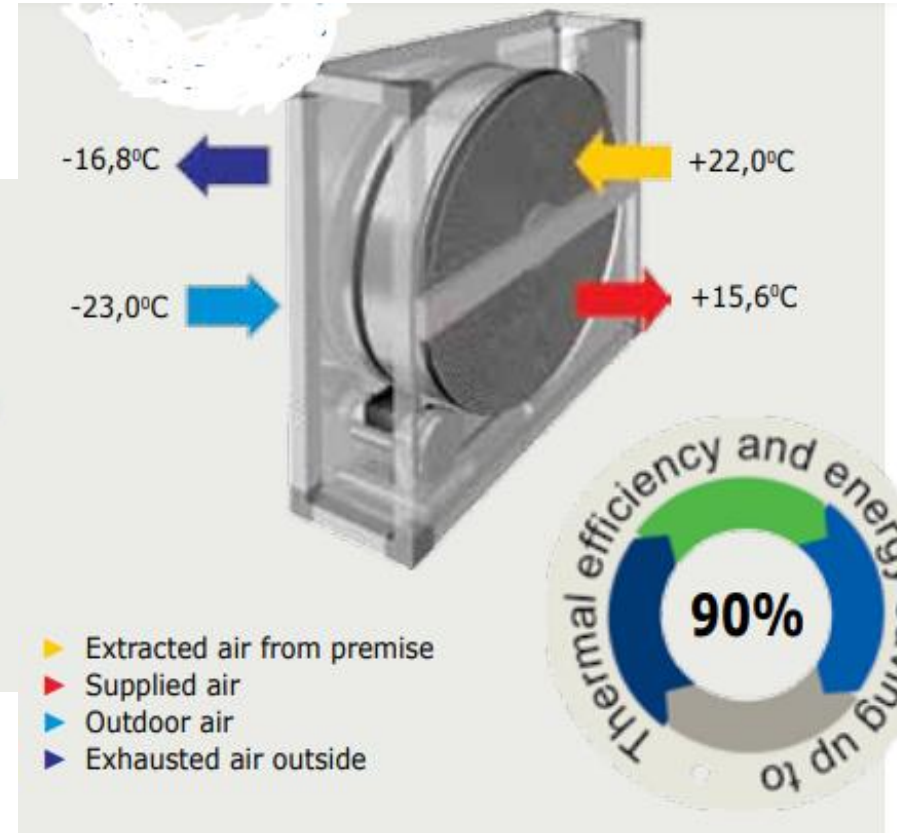
Bathroom/Shower : $25 \text{ l/s/unit} = 90\text{m}^3/\text{h}$

WC/ Toilet: $25 \text{ l/s/unit} = 90 \text{ m}^3/\text{h}$

Centralized Ventilation Systems



Heat/Energy Recovery



Minimum Air Filters

Usually 2 or 3 Air Filters

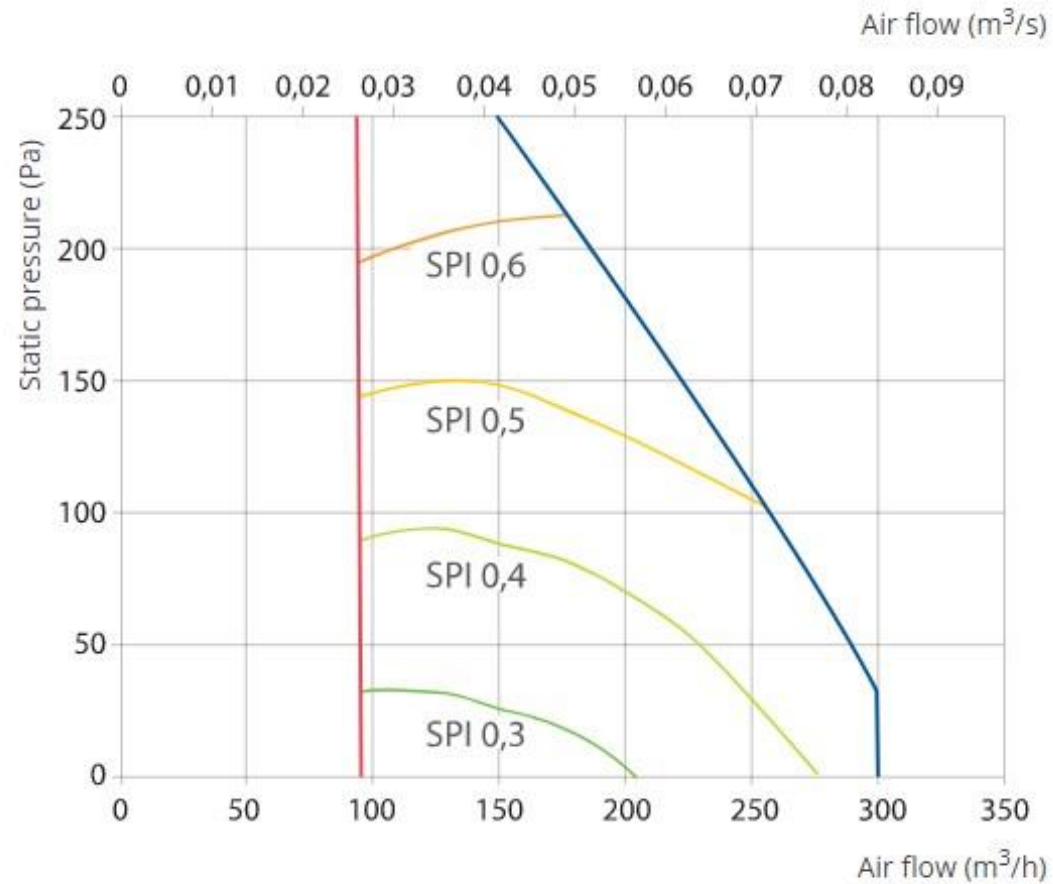
Supply Air : ISO ePM1 55% (F7) or greater

Fresh Air: ISO ePM10 60% (M5) or greater

Return Air: ISO ePM10 60% (M5) or greater

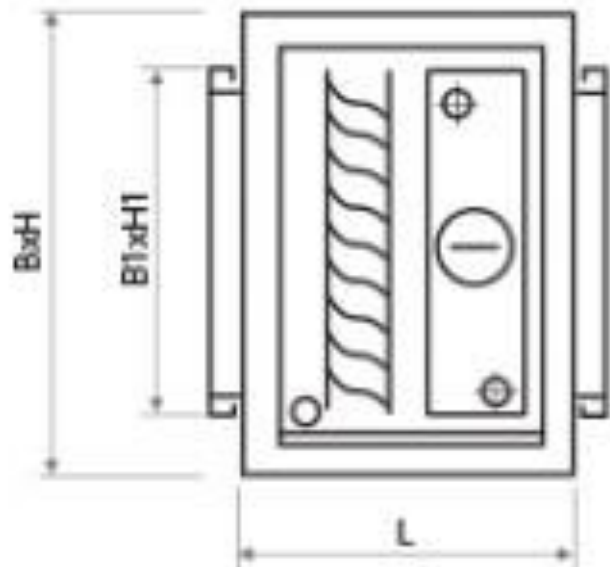
Performance Data

Performance ^

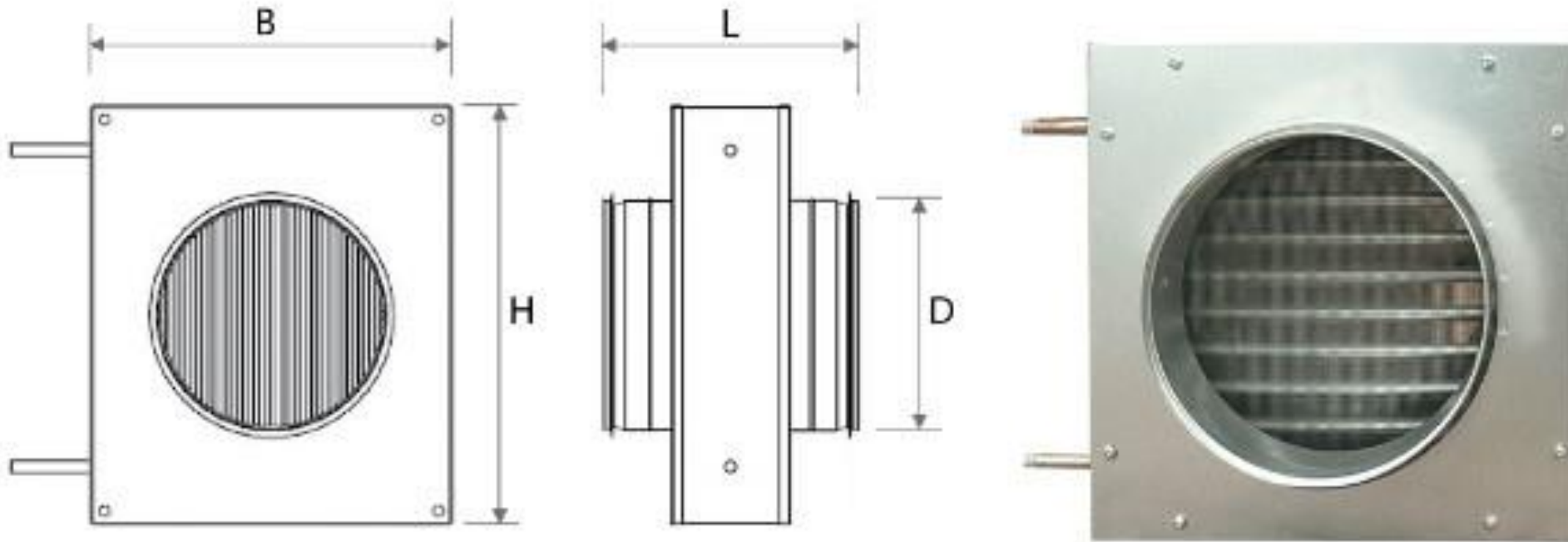


Cooler (Water or DX)

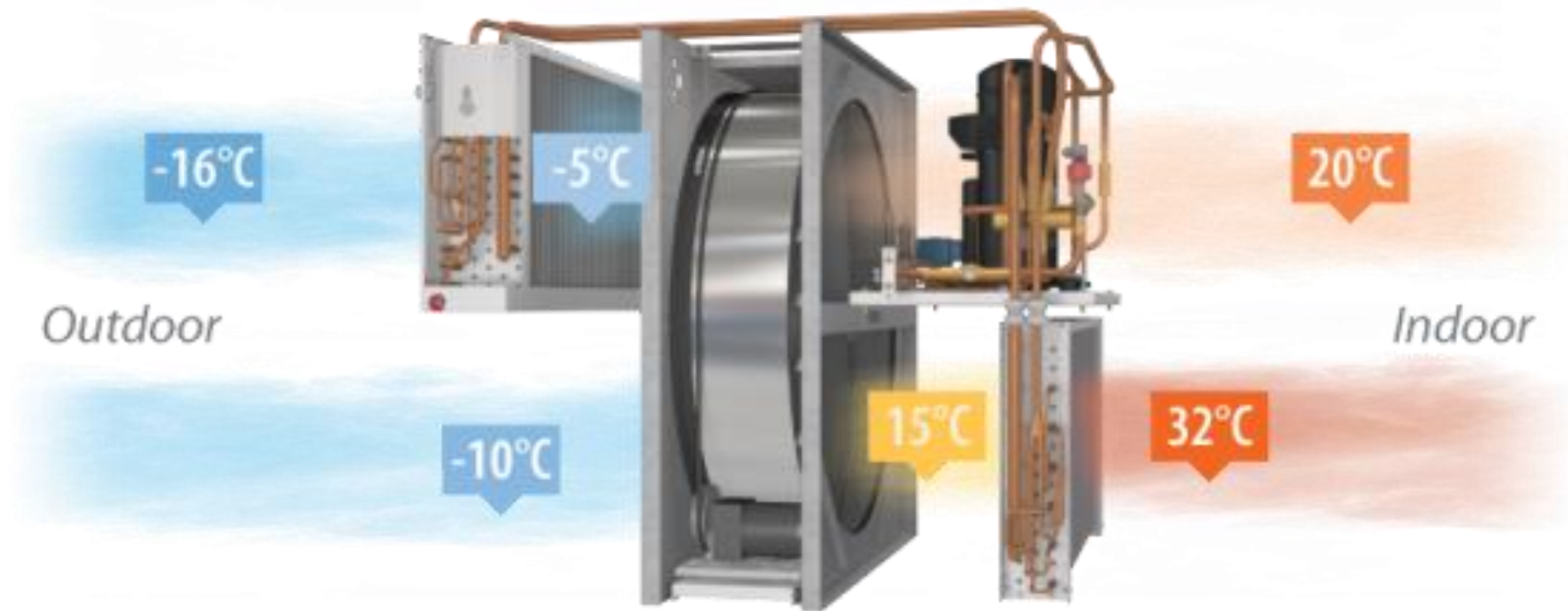
- Refrigerant type – R410A, water 7/12.
Air temperature in/out – 30/18 °C



Water Heater (or Combi)



Package Units (compressor integrated)



Ηχοαποσβεστήρες



SOUND ATTENUATORS

- Μονάδες για κουζίνα



Demand Control Ventilation (VAV)



PRESENCE
SENSOR



CO2 SENSOR



HUMIDITY
SENSOR

Decentralized Ventilation



1-way decentralized (unbalanced)



Tech Details

Wall opening [mm]:	Ø 270
Minimum wall thickness incl. plaster [mm]:	260
Luftvolumenstrom [m ³ /h]:	10 - 45
Air volume flow [m ³ /h]:	20 - 90
Exhaust air volume flow [W]:	1 - 5
Heat recovery[%]:	88
Volume flow related electr. fan output [W/(m ³ /h)]:	0,11 - 0,16
Fan voltage [V DC]:	6 - 16
Weather protection hood [B x H,mm]:	279 x 313
Inner cover [B x H,mm]:	280 x 280
Range of application:	-20 °C - 50 °C
Standard sound level difference [dB]:	43 - 52
Sound pressure level 1 m [dB(A)]:	20 - 47
Energy efficiency class:	A+ / A

ASHRAE since
1895



ASHRAE 62-1981

ASHRAE STANDARD

**Ventilation
for Acceptable
Indoor Air Quality**

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**The American Society of Heating, Refrigerating,
and Air-Conditioning Engineers, Inc.**

1791 Tullie Circle, NE, Atlanta, GA 30329



90-75

ASHRAE STANDARD

**ENERGY CONSERVATION
IN NEW BUILDING DESIGN**

Approved by ASHRAE 90-75 Project Committee by letter ballot July 23, 1975; by ASHRAE Standards Committee July 24, 1975; by ASHRAE Board of Directors by letter ballot August 11, 1975.

ASHRAE Standards are updated on a five-year cycle; the date following the Standard number is the year of approval. The latest copies may be purchased from the ASHRAE Circulation Sales Department, 345 East 47th Street, New York, NY 10017.

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